

# May Ideas

*Looking for ideas of fun things to do as a family or for your kids? Here's a list for daily activities for the month of May. We hope you'll find some inspiration!*

- 1 Remembering FUS.** Keep the memories of their time at FUS alive and well. Ask your kids to share what sorts of things they remember about the class they were in. It could be content- or community-focused. What do they miss and how will it feel for them when we can all return to being together again at FUS?
- 2 Watch a live-cam of the Decorah eagle's nest** as Mom and Dad raise their 3 babies (at this moment they are adorable!):  
<https://www.raptorresource.org/birdcams/decorah-eagles/>
- 3 Go for a night walk** and be verrrry quiet. What night sounds do you hear?
- 4 Send a family letter** to distant relatives with each person writing or drawing something
- 5 Play with Your Food Day!**—Throw “the usual” to the wind and get creative with your food. Here are some inspiring ideas:  
[https://www.pinterest.com/search/pins/?q=creative%20food%20ideas&rs=typed&term\\_meta\[\]=creative%7Ctyped&term\\_meta\[\]=food%7Ctyped&term\\_meta\[\]=ideas%7Ctyped](https://www.pinterest.com/search/pins/?q=creative%20food%20ideas&rs=typed&term_meta[]=creative%7Ctyped&term_meta[]=food%7Ctyped&term_meta[]=ideas%7Ctyped)
- 6 Portrait Studio**—Have family members each draw a picture of another family member. Who knows what masterpiece may be revealed!

**7 Create a scavenger hunt** in your house. You could have them find specific items OR ask them to come up with an item for each of our UU principles and then share why they chose that.

**8** Learn something new by watching a short video on [The Kids Should See This](#)

**9 Help tidy your neighborhood.** Put on some gloves and pick up a shopping bag of litter.

**10 Family movie night.** Pop up some corn, snuggle up, and watch a favorite movie.

**11 Play** frisbee, jump rope, or jax—the classics of summer fun!

**12** Have your family take the J. Paul Getty Museum’s **art masterpiece challenge**. Find a work of art you love and then have your family “recreate” it. A great way to introduce your kids to great art! Learn more [here](#) or by Googling “art masterpiece challenge.”

**13 Go through old photos.** Kids will be especially interested in seeing pictures of you when you were younger.

**14 Write a collaborative story.** One person starts the story with 3 sentences to set the stage. Then take turns adding a sentence to the story and see where you land!

**15 Use Google Earth** to explore a place you’ve always wanted to visit.

**16 You’re Not You Day!**—Spend the day, or maybe just an hour, or maybe just 10 minutes having each person act like someone else in the family. Stay in character as long as you think is suitable for your family.

**17 Today is Flower Communion!** Join us online for the intergenerational worship service at 10 a.m. Gather flowers from your yard to add beauty to your home OR draw pictures of flower bouquets to hang up.

**18 Start a gratitude ritual** Maybe it’s at bedtime, maybe dinner time, maybe at the start of your days. Find a time when you can regularly share the things you are grateful for!

**19 Make** toilet paper roll [bird feeders](#)

**20 Have a contest** to see who can make the most little words out of your street and city name. Or out of your family name. Or out of “Unitarian Universalism.” Or out of whatever you choose!

**21 Create a Key Jar** to elicit great family conversations:

<http://wearemiamiguards.org/wp-content/uploads/KEY-JAR-48-Questions.pdf>

**22 Adopt a Storm Drain**—Live our 7<sup>th</sup> UU Principle by having your family adopt a storm drain. You can stop stormwater pollution from entering your waterways without having to travel far from home. Go to <https://www.respectourwaters.org/adoptastormdrain> to learn more.

**23 Make a Fort Day**-- Rearrange the furniture, gather the blankets, and create a fort that will be the envy of all the neighbors, IF they could come over and see it!

**24 Shake some sillies out with *I'm Wild Freeze Dance*:**

[https://www.youtube.com/watch?v=axisBas5ynr8&fbclid=IwAR2A1MN\\_NkCimfsjfdEMuamEJgOFwNPzLt9L7-jC9-soAwqFCizYf2Trvfg](https://www.youtube.com/watch?v=axisBas5ynr8&fbclid=IwAR2A1MN_NkCimfsjfdEMuamEJgOFwNPzLt9L7-jC9-soAwqFCizYf2Trvfg)

**25 Have a family talent show night.** Each of you shows off your talents.

**26 Create a UU Principles “Zen” garden.** Using sand, a tray, some rocks and appropriate paint or markers, create a UU Principles zen garden, writing a UU principle on each rock:



**27 Practice random acts of kindness!** Everyone has to surprise each family member by doing something nice for them.

**28 Walk around the block and see how many flowers you can name.** If you have a flower guidebook, bring it along and look up the ones you don't already know! Or download a flower ID app.

**29 Go to the Beach Day!**—Put on your swimsuit, throw down a blanket, play some beach music, and have a picnic at the beach... in your living room!

**30 Save your energy!** Spend today using as little energy as possible. Keep the lights off, turn off the tv and computers, try not to open the frig... ALL DAY! If you're really ambitious, calculate how much energy you saved.

**31 Inspire others** by writing affirming messages in chalk on the sidewalks in your neighborhood—"You're Awesome," "Keep it Real," " You are beautiful," etc.