



Friday– May 1st– Beltane (Happy May Day!) Bring some fresh flowers inside, make a flower crown or make some paper flowers.

Saturday– May 2nd– Take some time today to look through an old family photo album and share family stories.

Sunday– May 3rd– Learn about [birds](#) and/or make a [birdfeeder](#)

Monday– May 4th—*Star Wars Day—May the Fourth Be With You!* Who is your favorite character? Watch your favorite Star Wars Movie and talk with a friend!

Or try this [Would You Rather Game \(Star Wars edition\)](#)

Tuesday– May 5th—Write a note of thanks to one of your teachers.

[Here is template for young children with room for a drawing at the bottom.](#)

Wednesday– May 6th– Celebrate Nurses Day! Call, write or thank a nurse today.

Thursday– May 7th– Try an [body prayer](#) today.

Friday– May 8th– Family Game Night!

Saturday– May 9th– Train Day! Play with trains, imagine you are a conductor or passenger. [Here is a nifty video about freight trains.](#)

Sunday– May 10th– Mother's Day and National Clean up Your Room Day– coincidence? Probably not!

Monday– May 11th– Twilight Zone Day– Did you know Rod Serling was a UU? What if you could revisit a time in history and alter events? Could you write about it, draw it, etc?

Tuesday– May 12th– Try writing your own [Limerick today!](#)

Wednesday– May 13th—Try jumping like a frog today! Or perhaps, making a [simple origami frog](#) and seeing how far it can jump or race a friend's frog.

Thursday– May 14th– Move your body– [Time for the Chicken Dance!](#)

Friday– May 15th– Pizza Party Day! What is your favorite pizza topping? Make your own pizzas. [Pizza at Sally's read aloud](#)

Saturday– May 16th– do something kind for your neighbor day

Sunday– May 17th– revisit your family covenant or write a family [covenant](#)

Monday– May 18th– Museums are usually closed on Monday, but now you can visit some of them virtually! [Check one or more out today!](#)

Tuesday– May 19th– Sing together! Perhaps a family favorite or a hymn from church! [Virtual Choir singing Spirit of Life](#)

Wednesday– May 20th– start a journal and write or sketch in it each day.

Thursday– May 21st– National American Red Cross Founders Day
learn about Universalist [Clara Barton](#), one of our UU prophetic voices

Friday– May 22nd– Play a game of Solitaire

Saturday– May 23rd– Lucky Penny Day—How many pennies do you have in your house? Can you find the oldest one? Newest one? [Try some fun science experiments with pennies](#)

Sunday– May 24th– National Scavenger Hunt Day.
[Fun ideas for Nature Scavenger Hunts here!](#)

Monday– May 25th– [Listen to this story](#) and paint, draw or sculpt your own poppy in honor of Memorial Day

Tuesday– May 26th– National Paper Airplane Day– [find tutorials here](#) and have fun flying!

Wednesday– May 27th– reach out to an elder in your family or from church. Ask them about a favorite spring activity or place they have travelled.

Thursday– May 28th– On this day in 1937, The [Golden Gate Bridge](#) was officially opened to vehicles. Try to build a bridge out of blocks today!

Friday– May 29th– Make a [pinwheel for peace](#)

Saturday– May 30th– National Creativity Day! Have you tried to make a chalice out of found things in your home? #chaliceoftheday
[Check out this awesome Claymation made by Peter Bowden and family.](#)

Sunday– May 31st– Make lemonade and relax barefoot outside if you can.